

7 Questions Every Man Must Answer

A structured blueprint designed to guide identity, clarity, responsibility, and intentional living.

1 Who am I?

Purpose: Identity

GUIDED REFLECTION

What defines me at my core? What are my true values, strengths, and passions beyond external roles, titles, or expectations?

KEY OUTCOME

Authenticity in all areas of life

2 What is my purpose?

Purpose: Meaning & Contribution

GUIDED REFLECTION

Why was I placed on this earth? How can I leave a meaningful impact and leverage my gifts to serve something greater than myself?

KEY OUTCOME

Clear direction; prevents aimless living

3 Who am I responsible for?

Purpose: Duty & Stewardship

GUIDED REFLECTION

Who depends on me—family, friends, community? How do my daily choices, character, and actions directly affect them?

KEY OUTCOME

Accountability and active stewardship

4 What are my priorities?

Purpose: Energy & Focus

GUIDED REFLECTION

What truly deserves my time, energy, and focus—spiritually, relationally, professionally, and personally?

KEY OUTCOME

Eliminates distraction; builds focus

5 How do I handle challenges?

Purpose: Resilience

GUIDED REFLECTION

Do I face adversity and pressure with courage, patience, and wisdom? Or do I react impulsively and shrink back?

KEY OUTCOME

Character strength & emotional maturity

6 What legacy will I leave?

Purpose: Long-Term Impact

GUIDED REFLECTION

How will I be remembered by those who knew me best? What core values and positive influence will outlive my presence?

KEY OUTCOME

Guides intentional daily choices

7 Am I growing daily?

Purpose: Lifelong Expansion

GUIDED REFLECTION

Am I actively learning, improving, and expanding my potential every single day across personal, spiritual, and professional domains?

KEY OUTCOME

Prevents stagnation; continuous progress

DAILY COMMITMENT & ACTION

"Progress requires constant reflection. Stagnation is a choice; growth is a daily discipline."

